



CatholicCare

Diocese of Broken Bay

SERVICES GUIDE

PEOPLE ARE OUR PRIORITY

www.catholiccareddb.org.au



ABOUT US

CatholicCare is the social care and support agency of the Catholic Church in the Diocese of Broken Bay.

Since 1987 we have served the communities of Northern Sydney, Northern Beaches and the Central Coast, providing services and supports to more than 20,000 people every year.

Whilst we are a Catholic agency, we provide services to the entire community, regardless of religion, circumstance, ethnicity, economic situation, age, gender or ability.

Our services are as diverse as the people we serve. The common thread is our commitment to quality and to you, recognising your individual talents and challenges. Whatever assistance you need, we will serve you in justice and love.

Our door is open – come on in and find out how we can help.



FOSTER CARE

There are many children and young people in our community who are unable to live with their families through no fault of their own.

Our priority is to ensure these children and young people have a safe, stable home.

CatholicCare is seeking families to provide essential support, care and stability for children and young people affected by family breakdown, to enable them to recover and thrive.

Through our suite of services, and the dedication of our specialist support teams and foster carers, we are transforming the lives of children and young people to create positive futures.

www.fostering.org.au



FAMILY SUPPORTS

Through our hubs located in Waitara, Brookvale, North Sydney and on the Central Coast we provide a range of specialist supports including domestic violence, homelessness, and therapy services for families and their children. We provide services to improve family wellbeing, parenting, relationship skills, and early childhood development. We work in partnership with other organisations and refer families to other agencies as needed.



Child & Family Support



Housing & Homelessness Support



Counselling



Mary Mac's Place



Domestic & Family Violence Support



Parenting Education



Emergency Relief



Relationship Support



Family Connect & Support



Supported Playgroup



Family Dispute Resolution & Mediation



Therapy Services



Hospital Chaplaincy & Pastoral Care



Youth Supports



CHILDREN'S SERVICES

We understand the importance of children getting off to a good start in happy, creative and supportive environments that provide opportunities to explore, make friends, build on their strengths and get any extra help they need to set them on a positive learning journey. Our dedicated teams of educators embrace a child's right to play and facilitate rich learning environments which are relevant, meaningful and full of possibilities so children are safe, happy, healthy and included.

EARLY LEARNING & CARE CENTRE

For 0 – 5 years in Waitara

EARLY LEARNING CENTRES

For 3 – 5 years in Forestville • Lake Munmorah • Terrigal
Woy Woy

OUT OF SCHOOL HOURS CARE

For 5 – 12 years in Avalon • Balgowlah • Berowra Heights
Carlingford • Chatswood • Davidson • East Gosford
Forestville • Freshwater • Kincumber • Lake Munmorah
Lindfield • Manly • Manly Vale • Mona Vale • Pymble
St Ives • Tumbi Umbi • Waitara • Warnervale
West Pymble • Woy Woy

VACATION CARE

For 5 – 12 years in Avalon • Berowra Heights • Carlingford
Chatswood • Davidson • East Gosford • Forestville
Kincumber • Lake Munmorah • Lindfield • Manly • Pymble
Tumbi Umbi • Waitara • Warnervale • Woy Woy



DISABILITY SUPPORTS

The NDIS has opened up possibilities you may not have thought about. However, it's not always straightforward. Let us work with you to develop the skills and access the support you need to maximise your independence, get out and about in the community, and achieve your personal goals.

We offer dedicated disability centres, with options for individual and group activities, and pathways to inclusion and independence. We also offer Supported Independent Living options in collaboration with our Specialist Disability Accommodation partners.

Our dedicated staff pride themselves on developing strong relationships with the people we support along with their families and carers. We work with you to create a world where people living with a disability are valued equally, listened to and included.

Our Support Coordination services help you organise your NDIS plan, and maximise your funding.



DISABILITY SUPPORTS



Tailored Individual Programs



After Schools & Vacation Care Programs



Flexible Group Programs



Creative Arts Programs



Recreational Activities



Support Coordination



Social & Skills Development



Supported Independent Living Services



Independence & Life Skills

CatholicCare is an NDIS registered provider with the Quality and Safeguards Commission.



SERVICES FOR SENIORS

Australia enjoys one of the highest standards of living in the world, and we're living longer. Getting older should be fun – you have more time to do things you have always wanted to, to socialise with friends and learn new things. However, you may just need a little help to maximise those opportunities, to tackle changes in health, mobility and connecting with others.

At CatholicCare, help comes in lots of ways to suit your individual needs and circumstances. We can support you to get things done around the home, to get you out and about, and to connect with others.

We also offer a range of supports for carers.



Commonwealth Home Support Program



Community Visitors Scheme



Memory Innovations Centre



Respite Options



MARY MAC'S PLACE

Mary Mac's Place is open to anyone who is homeless, transient or needing a helping hand.

We provide meals, a place to wash clothes and to shower, and opportunities to connect. Our companions can access Legal Aid, homeless support services, emergency relief and health supports.

We do not receive any formal funding and rely 100% on community support. Your donation will help us continue to provide this service to our community. Please Shout a Mate a \$6 Plate today.

Every cent will go directly to providing meals and all donations are tax deductible.

www.shoutamateaplate.org.au

CONTACT US

CatholicCare Diocese of Broken Bay

P: 1800 324 924

E: info@catholiccaredbb.org.au

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